

Tuesday Tips is a new outreach effort by OGCA. The idea behind Tuesday Tips is to convey tips, tricks and other helpful information around the area of research administration. Our goal is to post on (almost every) Tuesdays. If there is something you would like to see covered on Tuesday Tips, email: [UAF-GCReATE@alaska.edu](mailto:UAF-GCReATE@alaska.edu) For more Tips visit the [OGCA website](#)

students seeking jobs in the company after college, and sometimes they are completed as part of a degree or training program requirement. Fellowships, on the other hand, carry a more academic or scholarly undertone. Fellowships typically involve less day-to-day structure and emphasize the completion of some sort of project that will help participants succeed in their respective fields.

Fellowships are typically for those at the graduate and post-graduate levels.

earned at least a bachelor's degree. There are also many academic fellowships that are for graduate students and post-graduates. Some are only for graduate students working toward a Ph.D., such as the [National Science Foundation Graduate Research Fellowship](#) which are called "pre-doctoral fellowships." Fellowships for those who have already completed a Ph.D. are referred to as "post-doctoral fellowships." Internships, on the other hand, are more often open to undergraduate or even high school students.

Fellowships applications typically require applicants to propose a specific project to complete during the fellowship period.

Knowing the difference between internships and fellowships can not only help you to craft a more thoughtful, targeted application to either, but can also help you make important decisions about which experiences will benefit you most.

<https://www.profellow.com/tips/internships-vs-fellowships-whats-the-difference/>

For additional Information visit the [Office of Grants and Contracts Administration](#)