

# NRM 161

**COURSE TITLE:** Introduction to Wilderness Leadership

**Instructor & Contact Info**

Mark Oldmixon  
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**Office Hours:**

**Monday – 9-5**

**Thursday – 12-5**

**Course Description:** This course is designed to provide students with the fundamental skills needed to guide a group of individuals in a backcountry environment. Throughout the semester students will develop their technical skills, group management techniques, risk assessment tools, and much more. Course material will focus on current theories and

the student with information and skills that will be put to use right away in an actual field environment. Students should come to class prepared to work, discuss, move around and be outside.

**Class Meetings;**

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Tue and Thu from 9:45-11:45

Weekend Dates: 10/21-22 and 11/17-18

\*WFA dates: 11/3-4

\*This course is not required to pass NRM 161, become a leader with Outdoor Adventures or take NRM 300 or NRM 361. It is strongly suggested for anyone planning on pursuing a job in the outdoor recreation industry.

**Grading Policy**

NRM 161 is worth 3 credits and each student will be assigned a letter grade.

**A = 90+**

**B = 80 – 89**

**C = 70 – 79**

**D = 65 – 69**

**F = Below 65**

Attendance and Participation	50
Paper 1	100
Paper 2	100
Lesson Plan	100
Field Experience	100
Journal	50
Co-leading date	<u>100</u>
Total	600 possible points

**Required Texts:**

Curtis, Rick. (2005). *The Backpackers Field Manual*.

Outdoor Adventures Field manual

Supplemental readings provided by the instructor

**Assignment descriptions**

*Attendance and Participation (50 points)*

Students are required to show up to class on time and ready to participate in the dynamic

safety, students will have to make-up any absences they have incurred during the semester.

*Paper 1 (100 points)\**

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### *Journal (50 points)*

Each student will be asked to keep a journal throughout the course. There will be journal questions posed throughout the course. Students who respond to each question posed and also provide some of their own insight will receive full credit. It is advisable that students keep this journal with them throughout their career as a reference. Take notes about trip successes, trip ideas, cabin locations on lakes, successful games learned from other participants, etc.

### *Co-leading date (100 points)*

Each student will co-lead a trip with either the instructor or the graduate assistant. This trip based on their performance throughout the day, participant feedback and instructor observations. The same rubric that is used for the field experiences will be used to evaluate

### **Plagiarism and Citation**

Honesty is a primary responsibility of you and every other UAF student. The following are common guidelines regarding academic integrity:

1. Students will not collaborate on any quizzes, in-class exams, or take-home exams that contribute to their grade in a course, unless the course instructor grants permission. Only those materials permitted by the instructor may be used to assist in quizzes and examinations.
2. Students will not represent the work of others as their own. A student will attribute the source of information not original with himself or herself (direct quotes or paraphrases) in compositions, theses, and other reports.
3. No work submitted for one course may be submitted for credit in another course without the explicit approval of both instructors.

### **Feedback, De-briefing, and Assessment measures**

Students will receive many forms of feedback, constructive criticism and assessment. There will be one-on-one meetings with the instructor throughout the semester. The rubrics are designed to show your strengths and weaknesses. Student will never receive a grade without an explanation on how to improve. These methods will provide you with a grade, but also another lesson to help throughout your academic career.

### **Students with disabilities**

The Office of Disability Services implements the Americans with Disabilities Act (ADA), and insures that UAF students have equal access to the campus and course materials. I will work with the Office of Disabilities Services (203 WHIT, 474-7043) to provide reasonable accommodation to students with disabilities. Please inform me of any disabilities during the first two weeks of class.